

Got this from the internet! It's already been trialled in the States and works – it's brilliant. Buy some nappies and open one up



Rip out the middle pad and discard the rest



Put half into a pint glass or plastic jug and fill with water then wait 5 minutes and top up again with more water when it disappears



What you're after is water crystals, no lumps!! It's weird, but all the water has been absorbed



A close up - this is environmentally friendly – it's a fibre rich hydro gel, non - toxic and biodegradable



The crystals are mixed with my compost, start off with a few mix and see if it needs more! Better water retaining compost means you don't have to water as often, that will do me!



My spare heavy weight leeks are potted on using this compost...bostin!

Change of scenery...going through some old photos...The Royal Tournament @ Earl's Court, London in the late 70's (the ushers!)



I'm in there...behind the first bootneck on the left. This was a brilliant show with all the forces being involved - the main bit for the Royal Navy was the popular field gun crew race, brilliant...when this was on people sat where they wanted I was memorised...different forces came from abroad as well doing their routines - something else lost!

Quick advert - in the photo is Rob Hall, Chairman of the National Pot Leek Society and Joe Keeler, he is Secretary of South Causey Horticultural Show which is in conjunction with the National Pot Leek Society. I have organised for these two superior beings to give us a talk on leeks on Tuesday 3rd February 2015 at Wilson Hall, Colley Gate, Halesowen, West Midlands, B632BU.



Doors open at 7.30pm for an 8pm start. Entrance fee £5. All welcome. Anyone interested and want more info email me on mickypoultney@hotmail.com



I have just ordered 3 of these - ideal for air circulation in a grow tent or large propagator

<http://www.ebay.co.uk/sch/i.html?from=R40&trksid=p2051541.m570.l1311.R1.TR1.TRC0.A0.H0.Xu%20sb%20fan%20mini&nkw=mini%20usb%20fan&sacat=11700>